"WHERE THE SUNSET TURNS THE OCEAN'S BLUE TO GOLD"
Officially Endorsed by Ocean Beach Chamber of Commerce and by Pacific Beach Community League

Community Spirit Upheld

THE BEACH NEWS

Circulating in Every Home

ADVERTISING PAYS

Promoting the Progress of the Beach and Bay Sections of San Diego and the Entire Point Loma Peninsula
Comprising Ocean Beach, Pacific Beach, Mission Beach, Chatsworth, Catalina, Glenartney, Loma Portal, and Point Loma Heights

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VOL. 1—NO. 26 | 4829 SARATOGA AVENUE | Ocean Beach, California, Friday, May 18, 1923 | PHONE POINT LOMA 17 | SEVENTY-FIVE CENTS A YEAR FIVE CENTS THE COPY

Radium

"OLLIE" DAVIS DOING WELL

Popular Manager of the Merry-Go-Round Relates His Experience Under Radium Treatment.

Los Angeles, Calif., May 15, 1923
Mr. and Mrs. Kirk Smith,

Dear Friends:—Owing to several of my friends requesting an explanation of how the operation was performed on me at the Radium Institution, I thought it might be of interest to some of your readers to know just what happened. Also how severe or serious such an operation was to go through with.

The cause of operation was a growth on my right leg about six inches above the knee on inside of leg. It was of an oval or oblong shape, near the size of a hen egg. Dr. Rex Duncan head of the Institution made a thorough examination of my leg on arrival at the institution. He decided to try the X-Ray treatment which, by giving me two treatments of one hour duration, for two days in succession. He then let me rest for four days when he made another examination and decided it must be cut out at once and then followed up with X-ray and Radium treatment. I went on the operating table at 11:15 a. m. and walked to my room from there at noon. Dr. Duncan did all the surgical work, with an assistant physician to administer the cocaine, which he did in fine shape before and during the cutting act, (understand there was no anesthetic given at all). The cutting was all done with an electric needle kept at a cherry red heat during all the operation. He cut out a space fully five inches long by two inches wide by one inch deep. I suffered very little pain during the cutting which I watched through the whole operation. The sewing up of the opening was the most painful part of the operation. But that was not really what I would call severe. The most disagreeable part to me was the odor from the burning flesh when the red hot needle did the cutting the smoke of which would pass my nose. I can assure you that human flesh burning don't smell like ripe peaches!

The fourth day after the operation they opened up the bandage and dressed it; found it healing very nicely all in best condition. Four days later they dress it again and will remove the stitches, after that they will give me more X-Ray treatments and Radium if necessary. I have never lost one hour of sleep from the effect of pain since the operation was performed. Hope to get back to O. B. sometime next week.

Kindly yours,
O. T. DAVIS.

WATCH THE "WARTS"

Auto drivers will now have to use more care in turning corners on the paved boulevards at the beach, workmen having been busy this week placing "red warts" at all the prominent corners, while there is a long string of 'em 'round the sharp curve at Abbott street and Newport avenue. Watch the "warts," Mr. Autoist, or the traffic cops will get you!

VIOLIN TEACHER ARRESTED

George Beach, a transient violin teacher, was arrested at Abbott and Brighton avenue last Wednesday by Officers Reama and Webster on a charge of violating the Wright act and is also reported to have had a bottle of liquor in his possession. He was held for further hearing.

If your business isn't worth advertising—quit your business.

Monkeys

MONKEY SPEEDWAY IS A THRILLER FOR YOUNG AND OLD

The latest attraction at Ocean Beach for the current season is a mammoth monkey speedway, just located on Newport avenue, opposite Benbough's Garden of Eden. It is a thrilling amusement for young and old alike, and with popular prices prevailing, large patronage is predicted.

The Simian speedway is under the immediate direction of its owner, W. M. Wililams, an old-time experienced outdoor show man, who knows everything about monkeys that's worth knowing, and he is very ably assisted by James Beasley, a bright and youthful relative, who is an enthusiastic and energetic worker.

Manager Williams has spared no expense in preparing an exceptionally high class amusement for his patrons.

On an extra large lot, a huge tent has been erected, covering a safe, strongly built speedway with four tracks on which wise monkeys will guide new automobiles especially constructed for the purpose of furnishing wholesole fun and the liveliest of spirited entertainment for everybody.

In his menagerie of monkeys, Manager Wililams has an assortment of simians that's hard to beat. There are big ones and little ones—some sleek, short and sassy, some fair, fat and frisky, while there are others you'd like to pet and still others you'd like to slap, yet all are immensely amusing and will certainly win your admiration for the cleverness displayed in driving racing autos 'round the great oval track.

A dime for children and fifteen cents for elder folks will form the prices of admission, beginning the grand opening next Sunday and continuing afternoons and evenings throughout the season.

MISSION BEACH SEASON OPENS SUNDAY

The Mission Beach company announces the opening of the season at that popular resort next Sunday and special inducements are being made to attract representative crowds of prospective investors in beach realty. A large number of workmen are already employed in grading and preparing new sections for settlement, while a dredge is busy excavating Bonita bay for the proposed water improvements.

"TRIFLING WOMEN," "HEAD OVER HEELS" AND "HEARTS AFLAME"

That's the trio of top-notch offerings booked at the Ocean Theater, respectively, for next Wednesday and Thursday nights, Sunday and tonight. One will introduce that famous star, Mabel Normand, and a masterpiece by Rex Ingram. The big special, "Hearts Aflame," will be presented tonight at regular prices, while "Trifling Women" will cost a dime more for grown-ups during the mid-week shows.

A DANDY NEW WALTZ

If you haven't heard the new tuneful waltz written by Major Charles H. Davis, the talented leader of the K. of P. band, and played by the excellent union orchestra at Benbough's dance pavilion, you're missing a rare treat. The new musical selection is dedicated to the "Garden of Eden" and bears that very alluring title, while it has become one of the best hits of the year.

Election

DIRE DEFEAT FOR THE COUNTY CHARTER

The proposed county charter was rejected by the voters in a special election held last Tuesday by a majority that went well over the two thousand mark in an exceptionally light total vote which numbered about 26 per cent of the registered voters of the county.

A majority of over four hundred against the charter was registered in the city, with about 15 per cent of the registered electors voting, while the country districts went overwhelmingly against the proposed document.

Kodak Finishing, the best—FROIDE'S Photo Studio.

TELEPHONE TOLLS

The Pacific Telephone and Telegraph company announces the early expenditure of over half a million dollars in the improvement of service in the city and county. In the Ocean Beach area there will be an addition of about 5000 feet of 50 pairs of aerial cable, costing several thousand dollars. A new cable along Kettner boulevard for the Point Loma district is also in the list of projects for the benefit of suburban service.

Reserves

LIFE SAVER FIELD ORGANIZING NAVAL RESERVE FORCE

Walter M. Field, the famous expert life saver stationed on the Ocean Beach shore front for the season, is busy these days organizing a naval reserve force at the beach. More than a dozen members have been secured already and it is expected to increase the list to over half a hundred before the first of next month. A Red Cross auxiliary for the ladies is also contemplated in connection with the new naval organization.

MISSIONARY SOCIETY

The Missionary Society will meet in the Congregational church Tuesday, May 22 at 2:30 p. m. Mrs. W. O. Weeden and Mrs. Perry of Mission Hills church will report the recent annual meeting of Redlands, Calif. Everybody invited and a good attendance especially requested to hear these excellent reports.

MRS. FLORENCE McCOY, Pres.
MARGARET GRUBBS, Sec.

C. OF C. SOCIAL

The social entertainment of the C. of C. at the Ocean Theatre last Monday night was fairly well attended, and the visitors from San Diego, who furnished the major portio nof the program, were accorded a most welcome reception. Music was furnished by local talent.

OFF FOR ALASKA

Mr. and Mrs. Charles F. Rice leave tonight for Seattle, Wash., where Mrs. Rice will remain for the summer, while her husband will arrange for an extended trip to Alaska about the first of June. Mr. Rice was formerly the mayor of Nome in Uncle Sam's northernmost possession and has considerable mining interests there. Mr. and Mrs. Rice plan to return to their Ocean Beach home next winter.

Investing

OCEAN BEACHITE BUYS BIG RANCH

A prominent Ocean Beach carpenter and contractor, Linzey Hartley, formerly of Minok, Ill., has recently purchased the famous ranch of Eli Kimkel, near Ballena, formerly known as the Stone ranch, the consideration being $14,500 in cash.

Mr. Hartley has also just acquired lots 5 and 6, block 26, on Santa Monica avenue, between Ebers and Fraude streets, where he intends to build a fine beach home in the near future. Later on, he intends to divide his time between Ocean Beach and his country estate.

For the present, Mr. Hartley has a tenant in charge of his ranch, which is situated on the Julian road, six miles from Ramona, and is recognized as one of the best in that section. There are some 360 acres of land in all, of which about 100 acres are level creek bottom lands in a high state of cultivation and producing bountifully.

Mr. Hartley has stated to The Beach News that he plans to devote over 40 acres to a vineyard for raising the splendid Tokay grapes and will also set aside a large acreage for the production of deciduous fruits on a commercial scale.

Speaking

SPECIAL SPEAKER AT C. OF C. MEETING NEXT MONDAY NIGHT

Fred Mitchell, of San Diego, will address the Ocean Beach Chamber of Commerce on Monday night, May 21, at eight o'clock. His subject will be "My Neighborhood."

Mr. Mitchell is of the firm of the Ballard Brockett company and is a business man of scholarly attainment. Residents of the Beach and the public generally are cordially invited to attend.

HIS FRONT NAME IS "BERT" AND HE'S ALWAYS ALERT

If you've the slightest idea of investing in an auto, particularly of the FORD persuasion, it behooves you to get in touch with the amiable Schneider, whose first name is "Bert" and who is always on the job at Powell's Ford Headquarters, First at C, in San Diego town. "Bert" is a Beach booster, first, last and all the time and resides with his family at 4760 Voltaire street, his home phone being Point Loma 8-R. He sells used cars as well as brand new styles.

Kodak Films, always fresh—FROIDE'S Photo Studio.

SUCCESSFUL BOX SUPPER

The beach box supper held last Friday by the P.-T. A. at the Merry-Go-Round Picnic Pavilion was well attended and proved a decided success. An interesting and greatly diversified program was presented and a goodly sum was netted for the Community House fund.

Are you a Beach booster as reflected by our advertising columns? A small business card costs you only six-bits a week. Big display at reasonable rates.

"IT'S NOT FAR TO A FABER STORE"

Dancing

"BAZZOO" BALL TOMORROW NIGHT AT GARDEN OF EDEN

With the season now well started, Manager William E. Benbough believes in putting forth added push and is ever ready to devise some means for accelerating prosperity. Tomorrow night at the Garden of Eden, a decided novelty will be introduced under the alluringly alliterative title of a "Bazzoo Ball." And if you want to know what it's all about, be at the big dance pavilion early and stay late, while the splendid orchestra furnishes the latest and best dance music.

SOCIAL DANCE AT IMPERIAL BEACH

C. A. Kellar has assumed the management of Harmon's Hall at Imperial Beach, where a new order of splendid terpsichorean entertainment is now in vogue every Saturday night. Lunches and refreshments are served at popular prices and it is especially noteworthy that a fine union orchestra has been engaged to furnish gilt-edged dance music for the week-end socials in the newly decorated hall.

Complete line of Souvenir Postcards and Stationery—FROIDE'S Phtoto Studio.

ALL ABOUT DOGS

The epidemic of distemper among dobs in this section continues unabated and several canines are reported to have died from this dread disease during the week. Officer Reama found it necessary to shoot a dog on election night in order to end its misery.

BIG NEW SIGN FOR THE O. B. POST OFFICE

C. Townsend Brown, the skilled sign painter, who furnishes the community with the best of technical and industrial art service, is painting a large sign over the entrance to the postoffice. It will bear the wording "U. S. Postoffice, Ocean Beach, Calif." and will be highly decorative in blue and aluminum.

Mr. Brown has recently finished two banners for the Chamber of Commerce, announcing the business meetings and social evenings. He is also at work on a big display sign for the American Laundry, successors to the O. B. Laundry on Niagara avenue, and at odd times artist-painter Brown is preparing for the Beach News a number of publicity boards to be placed on the highways hereabouts.

BIG SUPPER—BY MEN

The Men's Club of the Union Congregational Church will serve a fish supper tonight. Everything cooked, baked and prepared by men. Supper will be served by men, too, from 6:30 to 8 o'clock, at 49 cents per plate. The program will also be furnished by men. Men and women, boys and girls are invited.

MISS CARL ARRIVES

A fine eleven-pound baby girl was born to Mrs. C. O. Carl at St. Joseph's Hospital last Thursday night, May 17. Daddy Carl, the well-known electrician, is all smiles in honor of the newcomer, and mother and daughter are reported doing nicely.

Kindly mention **The Beach News** in your dealings with the patrons of our advertising columns.

Petition

STAIRWAY AT END OF ORCHARD AVENUE

For the safety and convenience of residents in the Sunset Cliffs section of Ocean Beach, as well as for the benefit of the many people who visit that likeable locality, it is proposed to build a substantial stairway from the cliffs at the end of Orchard avenue to the splendid stretch of beach below. Charles M. Wheeler, the progressive and affable owner of the splendid "Sunset Crest" group of concrete cottages on Cable street at Orchard avenue, has succeeded in securing a large number of signatures to a petition presented this week to the City Council for authority to erect a suitable stairway at private expense. City Manager Fred Rhodes has already signified his hearty approval of the project and constructive work will be begun upon due authorization.

The petition and the list of signers are herewith appended:

Ocean Beach, Calif., May 4, 1923

To the Honorable, the Common Council, San Diego, California:

Gentlemen:—The undersigned respectfully petitions as follows:

That we be authorized by your Honorable Body to erect a stairway, with such landings as shall be stated by you, at the end of Orchard avenue in Ocean Beach, for our mutual safety and convenience, as well as for the safety and convenience of people who may wish to visit that locality. Said stairway to lead from the end of Orchard avenue to the beach below the grade level of the street, and to be connected in such a manner as shall meet with your approval.

The undersigned are all property owners or permanent residents of the immediate neighborhood of Orchard avenue and the ocean front in Ocean Beach, and propose to build said structure at private expense.

Charles M. Wheeler, 1558 Cable street; Grace E. Slater, Crags Apartments; Mary E. Slater, Crags Apartments; Celesta M. Ryan, 1550 Cable st.; R. D. Hammond, 4911 Orchard ave.; B. H. Dilley, 4911 Orchard ave.; W. J. Moir, 4910 Orchard ave.; F. L. Russell, 4925 Del Mar ave.; Emily M. Smith, 4928 Del Mar ave.; Mrs. Lillian A. Kline, 4932 Del Mar ave.; Mrs. Anne B. Gregory, 4720 Pescadero ave.; Lula Parmalee, 4744 Del Mar ave.; Mrs. Evelyn Felshon, 4875 Del Mar ave.; Kirk Smith (The Beach News), 4829 Saratoga ave.; N. F. Adamson, Hotel Newport; Mary S. Martin, 4976 Del Mar ave.; B. W. Gue, 4804 Del Mar ave.;G. W. Compton, 3935 Del Mar ave.; F. A. Colby, Annie M. Colby, 4741 Orchard ave.; H. W. Martin, 4876 Del Mar ave.; Mrs. J. H. Custer, 4712 Pescadero ave.; Mrs. T. E. Gish, 4875 Del Mar ave.; D. P. Bennett, 4905 Del Mar ave.; J. B. Howell, 1569 Ocean Front.

Ocean Beach Library

Miss Margaret Rankin, Librarian

The Ocean Beach Library has an unusually interesting collection of travel books, a few are suggested, as follows: "Fairyland of the South Seas," Hall; "Mystic Isles of the South Seas," O'Brien; "When the West was Young," Bechdolt; "On the Trail of the Pigmies," Vanden Bergh; "Old Morono and the Forbidden Atlas," Andrews; "Isle of Vanishing Men," Adler; "Camp and Trail in China," Andrews; "An Ocean Tramp," McFee; "Windmills and Wooden Shoes," Jackel; "Cruise of the Dream Ship," Stock; "Abroad at Home," J. Street; "Among the Canadian Alps," Burpee; "Seeing the Sunny South," Faris; "Seeing the Eastern States," Faris; "Egypt, Ancient sites and Modern scenes," Mospero; "By Italian Seas," Peixotto; "Pacific Shores from Panama," Peixotto.

RADIO

Test Buzzer for Crystal Detector Set.

Those who have crystal detectors when asking the usual question, "How can I best improve my set?" are usually immediately told to get a vacuum tube detector outfit. This is out of the question for many of the crystal set owners, since a six-volt battery costs in the neighborhood of $20 and with the $5 V. T. and other accessories the price of the unassembled parts comes to at least $30.

In order to get the best possible "point" on crystal it is absolutely necessary to use a test buzzer.

Any buzzer or bell which depends on battery current for operation will do, although the higher-pitched buzzers sold for radio work give a much better and evener tone. The dry cells, a little wire and a push button or switch for starting and stopping the buzzer are the other things necessary.

In order that the buzzer may be heard only in the head set it is necessary that it be muffled in some way. This can be done by locating it in the next room or basement, or by wrapping it in a cloth and placing it in a box. Run the two wires to the buzzer from the push button located on the table, connect the two dry cells in series with one side of the line, and the test buzzer is ready for a trial.

To adjust the detector close the contact through the push button or switch. This will start the crystal. Now try various spots on the crystal with the end of the "cat whisker" or wire spring until the buzzer can be heard in the phone. If the buzzer cannot be heard at all after a minute search, it may be necessary to connect one side of the buzzer line to the ground lead on the set. Do not be satisfied with just hearing the buzzer. There are many poor spots on a crystal, but only a few really good ones, and it is surprising how sensitive a crystal can be when the very best adjustment is made.

A good piece of galena is our preference. This crystal requires a very fine clean point with light pressure. Therefore, galena, if it is to be used, a very light spring contact wire is necessary. The end of the wire which touches the crystal can be cut with a knife or pliers at an angle so that the point is sharp.

The big advantage of the test buzzer over the outside signals is that it is always available and is constant in strength.

NELLE GYWNNE NOT ALL BAD

Good Qualities of Famous Personage Shone in a Circle and Age Notoriously Immoral.

Nelle Gywnne, orange girl, tavern singer, successful actress, and later mistress of Charles II, the "restored Stuart" to the throne of England, is a character in English history. She used improper language, had tavern-tainted manners, and lack of early training till the last showed in her exterior, but her nature was not permanently corrupted or tainted. Terrible stories have always been afloat of her coarseness, plebian birth (she was born in a coal cellar) and corrupt life, but her later biographers prove that she was not entirely good for nothing. She is said to have been the only human being in England that exercised anything like a good influence over the wayward, frivolous Charles II. Her acts of charity were substantial and much needed, and as the years passed on, and the opportunities for wrongdoing increased, and her beauty and personal charms increased, her behavior became more and more prudent and her character more and more circumspect.

Pepys' diary describes Nelle Gwynne as a good actress and a pretty one, a charming wit, and universally popular. She pleased every one, from the king to the charcoal seller. Songs were written about her, styles of dress were named for her, and her portraits were painted.

Too Hot for Her Joh.

"Do you believe that people follow the same occupation in the next world that they do on earth?"

"My mother-in-law won't. She makes ice cream."—London Tit-Bits.

if it's in the line of **Printing**

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The Beach News

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Ocean Beach, California

★ * * * * * * * * * ★

The Ocean Beach Chamber of Commerce

★ * * * * * * * * * ★

Regular Business Meeting Every First and Third Monday at the Ocean Theatre.

THE STAR CAR
$558.75 Here
MAINE GARAGE
Newport Avenue
Phone: Point Loma 382
STORAGE SUPPLIES

L. RAUN-LINDE PHONE 632-18
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Baby Chicks
Esco Electric Brooders
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OCEAN BEACH
Feed, Fuel, Paint and Express
EARL J. HAAS, Mgr.
1926 BACON STREET
Telephone: Point Loma 20-W

Sherwin-Williams (Paints SWP)
Old Dutch Enamel
Marnot, Scarnot and Rexpar Varnish
Floorlac
Brushes, Wall Paper
Roofing

THE
Newport Shoppe
BEAUTIFUL EFFECTS IN WOMEN'S READY-TO-WEAR

We will not attempt a description of these splendid garments and equally attractive values.

It is enough to say that they cannot be surpassed in style, quality, or economy anywhere in this section.

They offer you an opportunity to wear the best, without paying an exorbitant price.

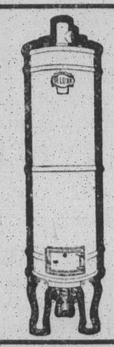
We invite you to make an early inspection.

OCEAN BEACH GARAGE
HENRY EULBERG, Proprietor
BEST EQUIPPED FOR SERVICE
AUTOMOBILE REPAIRING
Authorized FORD and CHEVROLET Service
4868 Newport Avenue PHONE POINT LOMA 77-W
Two Blocks East of Dance Pavilion

Ocean Beach Candy Kitchen
A. DEMOS, Proprietor
5006 Newport Ave. (formerly Postoffice building)
Is now well supplied with ICE CREAM—Cones, Brick, Bulk—ESQUIMO PIES and all the Latest Novelties. CHOCOLALA, 5c.
FRESH HOME-MADE CANDIES

THE BEAD SHOP
724 Broadway
Removal Sale With Reduced Prices—All Jewelry and Novelties Will Be Closed Out Entirely 14 Karat Gold Rings Reduced 50% and other jewelry at a greater discount. Amber, jet, ivory and semi-precious stone necklaces, novelty necklaces and beads of all kinds, all reduced. This is the only place in San Diego where you can get the genuine Farina Eau de Cologne, which has stood the test of a century of use.
Two-year lease and any part of stock purchaser may desire Buy Now! We Go Soon! FOR SALE at Big Bargain Before Our REMOVAL to Los Angeles.

NEWPORT CAFE
And ICE CREAM PARLOR
Cor. Bacon St. and Newport Ave. HARRY KALLIRIS, Proprietor
Tables Reserved For Ladies
Try Our 50c Lunch
Candies and Ice Cream—Cigars and Cigarettes



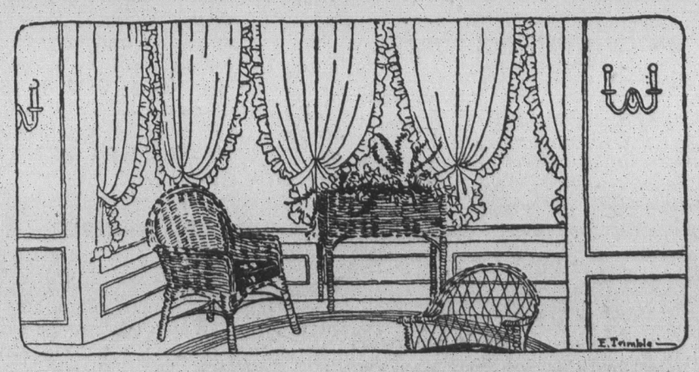
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THIS WILL SOLVE THE BAY-WINDOW PROBLEM



A bay window—how many of you are perplexed by this problem in refurnishing an old home? Why not make a tiny sun parlor? A few pieces of wicker, some cretonne cushions and white ruffled curtains and perhaps a small table or sewing cabinet will make a comfortable little room that anyone would enjoy.

The Beach Is Growing BIGGER, BETTER AND BUSIER

Katherine's Kollum

SONG OF OCEAN BEACH

(By June Custer Cooper)

In my mind there is a picture,
Of a spot that's dear to me,
In a little southern corner,
Of old "Calif." by the sea;
'Tis a playground for the masses,
Where they leave dull care behind,
And should you ever go there,
This you will surely find.

CHORUS

Ocean Beach, the Coney Island,
Of the old Pacific's shore;
Ocean Beach, I long to be there,
For there's pretty girls galore;
Ocean Beach, I always see you,
In my dreams of happy past;
And I know there is a future,
For old Ocean Beach, at last!

She will grow and keep on growing,
For there's space for many there,
And you will see oil derricks,
Towering high up in the air;
There will be a great excitement
In our city by the sea,
Health, wealth and pleasure all combined,
A rare treat it will be.

Repeat Chorus

◆ ◆ ◆

Mrs. Clarence Kessler of San Diego, daughter of "Dad" Morris, gave birth to a fine eight pound boy, May 11. Mother and son are doing finely, and so is "Dad," who says this is the seventh time for him as granddaddy and "it doesn't hurt anymore."

◆ ◆ ◆

We are very pleased to report that Mrs. Charles H. Peltcher has so well improved from her recent illness, that she is able to be out again. I am sure her many friends will be glad to hear the good news.

◆ ◆ ◆

Mrs. L. Crouch of Cleveland, Ohio, who has been visiting her sister, Mrs. I. Sullivan of 4909 Muir street, has returned to her home.

◆ ◆ ◆

Mrs. Arthur G. Pagett of 4844 Voltaire street, entertained over the week-end Mrs. Gilbert, Mrs. Gearette and daughter Louise of San Diego.

◆ ◆ ◆

The ocean walk in front of Benbough's big dance pavilion is being provided with a substantial wooden windbrake to the height of the iron hand railings.

◆ ◆ ◆

Mrs. J. R. Scott is seriously ill at her home on Saratoga avenue. One of her daughters, Mrs. Moore, from Bakersfield, is in attendance upon her and another daughter from Colorado is expected daily.

◆ ◆ ◆

The cheerful news comes from Los Angeles that Manager "Ollie" Davis is improving under special radium treatment and will soon be at the beach again.

◆ ◆ ◆

John E. Moffett, an old-time well known resident, is quite ill at his beautiful home on upper Niagara avenue. His hosts of friends wish him a speedy recovery.

◆ ◆ ◆

Rapid transit talk has caused a decided increase in real estate values on the "point" in the neighborhood of the inlet bridge.

◆ ◆ ◆

Smelts ran again this week at the Beach for a night or two, but they were rather scarcer than usual.

◆ ◆ ◆

SUNSET CREST DOINGS

Dr. and Mrs. Frank Ryan and baby daughter Catherine, have rented the Ocean View bungalow for the season. Dr. Ryan is stationed at the marine barracks.

Mr. and Mrs. James Heathcote and children and Mrs. C. M. Wheeler motored to Los Angeles, visiting Miss Mary, William and Miss Pendell of Monrovia.

Mrs. W. J. Moir has been ill, but is improving. Mr. Moir spent a few days in Los Angeles and Pasadena.

Mrs. Lila Fitzpatrick and Mrs. Handley of Mission Hills, spent Sunday at the Wheeler home.

EARLY INSPECTION INVITED OF BEAUTIFUL GARMENTS FOR WOMEN

Wearing the best, without paying exorbitant prices, is the opportunity now offered by the Newport Shoppe, where inspection is cordially invited of a splendid array of new and attractive garments for womankind. Polite and prompt service is assured all customers by the amiable and popular Mrs. Grenewalt, who announces that the present showing of goods at the Newport Shoppe cannot be surpassed in style, quality and economical prices.

◆ ◆ ◆

DEMISE OF AN OCTOGENARIAN

J. Comly Harlan, the aged father of Mrs. Inez Shepley, of 5114 Saratoga avenue, passed away recently at Globe, Arizona, where he had been living for two years with his son, J. W. Harlan. He was a native of Ohio, aged 80 years, and was formerly a resident of San Diego for over a quarter of a century.

◆ ◆ ◆

A WELCOME VISITOR

Mrs. H. A. Winans of Philadelphia, Penn., was a welcome guest of Mrs. Mae Lyman at 4835 Niagara avenue, last Tuesday, being an old-time friend. Mrs. Winans returns east to Washington, D. C., in a week or so to join her husband, who is a captain in the marine service. Later Mrs. Winans will accompany the captain to the West Indies, where he has been ordered on governmental duty.

◆ ◆ ◆

The first quota of a series of summer cottages on the Niagara avenue cliffs is now in course of construction, adding greatly to the value and enhancement of that neighborhod

◆ ◆ ◆

LOS ANGELES — Special correspondent, MRS. ELLA SNEL, 415 West 37th street, Los Angeles, Calif. Phone South 5294-W.

◆ ◆ ◆

CLUB GIRLS WEAR UNIFORMS

Rolldale Organization in Meade County, Kansas, First to Complete Dresses for Meetings.

(Prepared by the United States Department of Agriculture.)

The first girls' club in the state of Kansas in 1922 in which 100 per cent of the members completed the making of club uniforms to be worn at their meetings, was the Rolldale club in Meade county. Although these girls live on farms and are very busy with the regular work of the farm home, they always find time for their club work. One girl reported to the extension agent of the United States Department of Agriculture and the state college of agriculture that between one meeting and the next she had sledded 20 acres of kafir corn. Another had harrowed and sledded 12 acres of corn; a third had helped can 12 quarts of beans, besides assisting with the general house work and chores; while a fourth girl, not to be left out, reported that she had caught eight rats in a trap.



A Member of the Rolldale Girls' Club.

Club work has resulted in giving to girls who have left school something worth while to work toward, some knowledge of how to do the ordinary things about the farm home in the best and easiest way.

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THE BEACH NEWS
Job Printing Dept.
Phone, Point Loma 17

America's Marvels
NATURAL AND OTHERWISE

By T. T. Maxey

CHICAGO DRAINAGE CANAL

The Chicago Drainage Canal ranks well to the fore among the great engineering feats of modern times.

The purpose of its construction was twofold. Primarily to purify Chicago's supply of drinking water, which is obtained from Lake Michigan, by reversing the flow of the Chicago river so that the sewage from the city, instead of being dumped into the lake, would be carried off into the Des Plaines river which in turn empties into the Illinois river. Ultimately, to provide a ship canal from Lake Michigan to the Gulf of Mexico.

Commenced in September, 1892, and formally opened in January, 1900, this so-called canal is approximately forty miles in length, has a minimum depth of twenty-two feet, varies in width from 160 to 300 feet at the top, and has a capacity of about 360,000 cubic feet of water per minute.

Four major operations were involved in this huge task. First, the Chicago river had to be both widened and deepened for more than five miles; next the digging of a canal for twenty-eight miles; then the river had to be diverted from the old to the new channel and finally the building of a tailrace and a new channel for seven miles.

Grave fears were entertained by many that the cities past which this diverted sewage must flow and which obtained their supplies of drinking water from this stream would be visited by an epidemic of water-borne diseases, particularly typhoid. Again the question as to whether the taking of sufficient water from Lake Michigan to flush the canal would adversely affect the interests of the states and cities bordering on the lake, through the lowering of the surface of the water in the lake, and in turn interfere with the navigable capacity of the rivers which flow into the lake, was long and seriously discussed.

But scientific examination and investigation failed to substantiate the threatened dangers from disease; the imagined damage to the navigation interests of the Lake Michigan region failed to materialize.

That Chicago has benefited immeasurably from a sanitary standpoint there is not the question of a doubt, according to the reports of the health department. When the locks in the Des Plaines and Illinois rivers, which connect the canal with the Mississippi river are increased in size and the fixed bridges which span the canal in the Chicago zone are transformed to swinging or lift bridges, it is expected that barges and light-draft river craft will move in large numbers from Chicago, through this man-made channel, to New Orleans.

(©, 1923, Western Newspaper Union.)

ANNOUNCEMENT

* * *

The subscription price to The Beach News is 75 cents a year anywhere in San Diego county and one dollar a year outside of the county. The paper is issued at noon every Friday and immediately placed in the mails for local and long distance distribution, besides being placed on sale at the Station Newstand, Bacon street and Njagara avenue; Froide's Photo Studio, on Newport avenue, and at the office of publication, 4829 Saratoga avenue, Ocean Beach.

TO NEWS CONTRIBUTORS

* * *

In order to insure prompt and proper publication of news notices of all societies, lodges, associations and other like gatherings, the chairman, secretary or head of such bodies are respectfully requested to send their news items direct to THE BEACH NEWS office on or before Thursday noon of each week.

Please mention The Beach News when patronizing our advertisers.

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MICKIE SAYS—



A WORD ABOUT PRINTING

The job printing department of the Beach News does **NOT** make any charge for estimating on printing of any description and your order would be highly appreciated. Phone Point Loma 17.

THE BEACH NEWS

AN INDEPENDENT PAPER
Promoting the Progress of the Beach Sections of San Diego and the Entire Point Loma Peninsula
PUBLISHED EVERY FRIDAY
4829 Saratoga Avenue, Ocean Beach, California
Phone Point Loma 17

KIRK SMITH Editor-Owner
KATHERINE SMITH ... Sec'y.-Treas.

Subscription Price, 75 cents a year.
IN ADVANCE
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"Entered as second-class matter December 1, 1922, at the Postoffice at Ocean Beach, California under the Act of March 3, 1879."

FRIDAY, May 18, 1923

THE BEACH NEWS is on sale regularly at the STATION NEWS STAND, Niagara avenue and Bacon street, and at FROIDE'S PHOTO STUDIO, Newport avenue, opp. the postoffice.

News contributors and advertising patrons will please take notice that the forms of The Beach News close at noon every Thursday and will greatly oblige by submitting their favors accordingly. Write on one side of the paper only.

THEY LIKE US IN L. A.

Los Angeles, Calif., May 8, 1923.
We enjoy getting our Beach News very much.
JUNE CUSTER COOPER

* * *

Community Forum

This Forum is open to our readers for the expression of opinions and criticisms, whether favorable or unfavorable, on any and all subjects and questions affecting the Beach communities. The views herein expressed are not necessarily our views. We do not ask you to agree with them or with us. We will publish as many reasonable letters each week as space will permit. Please write on one side of the paper only; and sign all communications, not obligatory for publication, unless so requested, but as an evidence of good faith.

THE EDITOR.

Editors The Beach News.

TO THE WOMEN OF OCEAN BEACH

Do you realize or stop to think what it means to the public to have women parade on our main street and go in and out of public places dressed in one-piece bathing suits, in fact in any kind of a suit—with powdered and painted faces, curled hair, without a coat or a bath robe.

Let us hear from the mothers of Ocean Beach through our local paper.

CITIZEN.

* * *

Battle for Fruit of Durian Tree.

Desperate fights over the ownership of durian trees are of yearly occurrence in the Malay peninsula. Sometimes, when a tree has been found near a borderline, entire villages have been wiped out in the struggle to possess it.

It is impossible to compare the fruit of the durian tree with its extraordinary odor and flavor, to any other. The fruit is creamlike in substance. If the meat of a banana were squashed and mixed with an equal quantity of rich cream, a small quantity of chocolate and enough garlic to lend a strong taste to the whole, the result would be about the nearest possible approach to the flavor and consistency of the durian. At the same time, the flavor is extremely delicate and, of course, indescribably rich.

Origin of the Ring.

In the course of a lecture on "Precious Stones," Professor Gordon said that early jewelry did not seem to have been set in rings.

One of the earliest examples of the use of rings in statuary was in the statues of Prometheus, who, when released from bondage on the intercession of Venus, wore a ring with a small piece of the Caucasus in it to show that he was still chained to the Caucasus. The idea of a ring being a sign of bondage has continued since those days.

Bishops and doctors wore rings by right because they had signed away their independence in order to benefit mankind.

A kind word about us to our advertisers will be very gratifying.

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FOR SALE—Corona Typewriter, good condition, $15. See Harrison, Bath House, Pavilion Dance hall Bldg.

WANTED—Carpentry and repair work of all kinds. Reasonable prices Apply 4836 Del Monte avenue, or Phone Pt. Loma 294-W.

FOR SALE—Fresh Milk Goat or will trade for anything. Apply 3518 Menlo ave., East San Diego.

SPORTS' CLOTHES, Tams and children's clothes a specialty. Mrs. Florence Coles, 5049 Niagara avenue.

WANTED—Wide-awake advertising and subscription solicitors for city and suburban district. Apply The Beach News office.

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* * * * * * * * * * * * *

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Church News

CHRISTIAN SCIENCE SOCIETY
1965 Abbott Street, Ocean Beach

Services are held as follows:
Sunday morning at 11 o'clock.
Sunday School, 9:45 a. m.
Wednesday evening at 8 o'clock.

FIRST BAPTIST CHURCH
Rev. Rolla E. Brown, Pastor
Residence, 4802 Coronado avenue.

Supndays—Worship and preaching at 11 a. m. and 7:30 p. m.; Bible school, graded for all ages at 9:45 a. m.; Young People's Union at 6:30 p. m.

Wednesdays—Service of prayer, praise and conference at 7:30 p. m. The public is cordially invited to attend any or all of these meetings.

Sunday morning at 11 o'clock the pastor's subject is given as "The Transient and the Permanent." There will be two selections by the choir.

A Sacred Concert will be given by the choir on Sunday evening, under the direction of Mrs. Juanita B. Close. A beautiful musical program has been prepared. There will be a special offering for the purpose of helping to furnish the choir with new music.

Those who will take part in the program include, Tom Hanmore, Clifford Harrison, Gordon Vaughn, Leo Staehr, Margaret Rankin, Mr. Fred Smith, Mrs. Close and Mrs. Smith.

UNION CONGREGATIONAL CHURCH
Rev. Frederic J. Stoetzel, Pastor

Church school at 9:45.
Morning worship at 11.
Evening worship at 7:30.

The morning sermon will be preached by Mr. Stoezel, his subject being "The Natural and the Spiritual Man." The anthem will be "Lord of Our Life," with Mrs. H. R. Sylvester as soloist."

CATHOLIC CHURCH
(Corner Defoe Street and Santa Monica Avenue)
Pastor: Rev. Declan E. Foley.

Sundays—Morning service, 8:30; Evening service, 7:30; Sunday school, 9:30 a. m.

Week Days—Service at 8:00 a. m.

At Roseville, Sundays—Service at 10:30 a. m.; Sunday school 11:30 a. m.

TRINITY MISSION EPISCOPAL

Sunday school at 9:45 a. m.
Morning service at 11.
Sunday school and morning service held at 5006 Niagara avenue.

India's Sacred River.

The Ganges is the sacred river of the Hindus. On its banks are many temples and holy places such as Benares, Allahabad, Hardwar and Gangotri. According to the legend Princess Ganda, a Hindu goddess, of long ago, turned herself into this great river, that she might enrich and purify the country. Devout Hindus bathe themselves in its sacred waters and pray to die beside it. It is their desire that their bodies may be burned upon its waters and allowed to float on down to the sea. The length of the main stream of the Ganges is 1,557 miles, and its every bend is sacred. Pilgrims walk from its source and back again, taking six months or more for the pilgrimage. Before the Juggernaut car which rolled in the procession along its banks, fanatics used to throw themselves, to be crushed to death amid the applause of the worshipers. This is now forbidden by law as is also the burning of widows on the funeral pyre of their husbands, and the casting of babes into the sacred river.

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Phone, Point Loma 36

Phone: Pt. Loma 74
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4965 Newport Ave., Ocean Beach

CERTIFICATE OF INDIVIDUAL FICTITIOUS NAME

State of California, County of San Diego, ss.:

I hereby certify that I am transacting business at 5063 Newport Ave., Ocean Beach City of San Diego, San Diego County in the State of California, under a designation not showing the name of the person interested in such business, to-wit: OCEAN BEACH SHOOTING GALLERY.

Name, JAMES DEMARCO

Place of Residence 5063 Newport Ave., Ocean Beach, San Diego, California.

STATE OF CALIFORNIA, County of San Diego, ss.:

On the 4th day of May, in the year one thousand nine hundred and twenty-three, before me personally appeared James Demarco known to me to be the person whose name is subscribed to the foregoing instrument and he acknowledged to me that he executed the same.

Witness my hand and the seal of my office this 4th day of May 1923.
(SEAL) E. L. THOMAS
Notary Public in and for the County of San Diego, State of California.

NOTICE OF ASSESSMENT

Tecumseh Petroleum Company, Principal Place of Business, San Diego, California.

Notice is hereby given that at a meeting of the Directors held May 1, 1923, an assessment of one and one-half cents per share was levied upon the capitol stock of the corporation, payable to F. E. Lindley, Secretary at 420 Union Building, San Diego, California, on or after May 15, 1923.

Any stock upon which this assessment shall remain unpaid on June 16, 1923, will be delinquent and advertised for sale at public auction, and, unless payment is made before, will be sold on July 9, 1923, to pay delinquent assessment, together with costs of advertising and expenses of sale.

F. E. LINDLEY, Secretary.
420 Union Building, San Diego, California. First publication May 11, 1923.

Pacific Beach

MRS. LUCY WOODWARD
Authorized Representative For
PACIFIC BEACH
Phone Pacific Beach 471
1739 Hornblend Street
Pacific Beach

Pacific Beach subscribers are kindly requested to ask for their paper every Saturday at the postoffice, as copies are duly mailed to everyone and unless called for will probably remain undelivered, hence several complaints recently.

* * *

READING CLUB

* * *

The members of the Reading Club on Thursday took an imaginary trip to the Philipines with Mrs. Murray, who had spent several years there. She took them to some of the islands esplaining to theme the customs and costumes of the various tribes showing many interesting curios and beautiful fabrics woven and embroidered by the natives. The club voted to subscribe $25 towards the American Legion Memorial to be established in Balboa park. Refreshments were served by the hostesses, Mrs. Rickert and Mrs. Meyer, assisted by Mrs. Mary Churchman. The next meeting will be the annual business meeting, reports of all the officers and chairman of standing committees. The members are reminded that if they do not wish to be elected to office they had better be present and protect themselves!

* * *

CHURCH NEWS

* * *

Rev. W. Millar's sermon Sunday was the fourth of a series on Christian Courtesy, it was a combination of the line of thought in the last one; self respect and the necessity for thoughtfulness for others, avoiding hurting the feelings of others, abstaining from objectionable habits and behavior, from considering the comfort of oneself before that of others.

The C. E. Society met Sunday evening with Rev. W. Millar as leader, the subject, "How do we know that Christ was the Son of God?" and the question suggested "Why does not God label all the things he has created?"

The Junior C. E. Society met as usual Wednesday. All are cordially invited to attend the mid week prayer meeting, Wednesday evenings.

The book of Romans is being studied, and found interesting and profitable. The all-day meeting will be the 29th and not the 22nd as previously announced.

* * *

PERSONAL MENTION

* * *

Mrs. W. G. Barnes gave a most enjoyable evening party to about twenty of the young folks Friday at her home on Kendal street, the evening was spent in games and dancing.

Mr. Gooddell is leaving next week for Tacoma where he plans to spend the summer, returning to Pacific Beach in the fall.

Miss MacLaury is enjoying a pleasant change and visit with her friend, Mrs. Belle Kitching at Riverside.

Mr. Crane is starting a flower shop at Ninth and Broadway with the assistance of his daughter, Miss Olive he plans to run this in addition to his hat cleaning place on Sixth and possibly in the future consolidating the two on Broadway.

Mr. and Mrs. Maurice Woodward are spending the week at Mr. Harry Woodward's house-boat on the strand, enjoying the swimming in bay and ocean and finding the fishing good. Mr. and Mrs. Harry Woodward and party are camping at the Benson Laguna camp on the Cleveland reservation, at an altitude of over 6000 feet.

Mrs. Gillrup left Wednesday for a round of visits with relatives and friends in Michigan.

Mr. Eldridge is recovering from a badly infected hand.

Mrs. Martin heard recently of the death of her aunt, Mrs. MacDonald, in Scotland. Many Pacific Beachites who were acquainted with Mrs. MacDonald and enjoyed her cheery personality, will regret to hear this.

Mr. Gee is entertaining his son from New Mexico.

Eleanor Shear, Eleen McCombes, Edith Clark, Helen Saunders and Joe Rickert are taking part in the representation by the two Spanish classes of the La Jolla High school, of all the fiestas of the year, it is to be Friday at the Community House.

The Pacific Beach Boy Scout troop took part in the field meet at the Scout headquarters in Balboa park last week, and although it was their first experience in that line they succeeded in carrying off the prize in the relay message carrier competition. Bob Lehner was second in the mile race and third in the fireman's carrier competition. The troop also went for a hike Saturday and camped on Mount Soledad.

Arnold Landweir met with a painful accident Tuesday while playing football. He had the misfortune to dislocate his hip.

BILL BOOSTER SAYS



The KITCHEN CABINET

(©, 1923, Western Newspaper Union.)

The men of the past overcame because they had convictions. We of the present frequently fail because we have nothing but opinions.—Heine.

THINGS GOOD TO EAT



A nice garnish for game or a savoury at dinner is prepared by soaking large prunes in cold water until soft. Remove the stones. Sprinkle thin slices of bacon with salt and cayenne. Wrap one slice around each prune, fasten with a toothpick and fry in deep fat until the bacon is crisp and brown.

Club Ham Steak.—Take a slice of uncooked ham, one and one-half to two inches thick, remove the most of the outside fat. Put into a casserole and pile potatoes which have been pared and thinly sliced on top of the ham, covering it well. Pour over enough thin white sauce to be seen through the potatoes. Cover and cook slowly about two hours.

Spanish Rice.—To one cupful of chopped round steak add a tablespoonful of suet and brown in a hot frying pan, stirring well; add one cupful of uncooked meat, a cupful rice, a cupful of tomato, salt, pepper, cayenne, a tablespoonful each of chopped onion and green pepper which have been fried in the meat fat. Pour into a baking dish and bake until well-browned. Serve piping hot with a lettuce salad.

Baked Bacon and Cheese Sandwiches.—Put into a double boiler one pound of cheese cut in small pieces, four tablespoonfuls of milk, one egg, two tablespoonfuls of baking powder, salt, pepper and mustard to taste. Cook until the cheese melts. Spread on slices of bread or toast, put strips of bacon on top and cook in the oven until the bacon is crisp.

Chicken and Corn Escalloped.—A cupful of minced chicken taken from the leftover roast, a can of corn (or a cupful is sufficient), a spoonful of grated onion, salt and cayenne to taste, mix with a rich white sauce and put into a buttered baking dish; cover with buttered crumbs or small buttered croutons and brown in the oven.

Egg Sauce No. 2.—Beat the whites of two eggs until stiff, add one cupful of sugar, then the yolks, a pinch of salt, one-half teaspoonful of vanilla and pour into the pitcher to serve, adding one-half cupful of boiling milk just as it goes to the table.

Nellie Maxwell

* * * * * * * * *

SUBSCRIBE NOW!

In order for us to fully comply with the U. S. Postal Laws regarding second-class matter, it is requested that you **subscribe now,** your subscription dating with the current issue of **The Beach News.**

* * * * * * * * *

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OCEAN BEACH PAVILION

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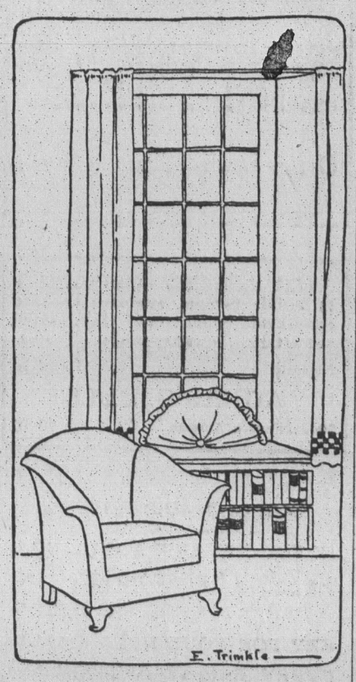
Mothers' Day

By DONALD CAMERON

MOTHER—The heart of the home, the heart of America, the heart of the world, the heart of the tree of life, the statue of Liberty.

Today we pray at our Mother's knee, to show us, to help us, to lead us back to be the unselfish child of nature, to do to others that you would that they should do to you. The heart of the tree of life—the Mothers' heart—today is still the same; that reflects the sterling qualities of the husband through love to the son, for my father and I are one. Love in the heart, love in the home, love in the child, is the real healthy stimulus that supplies the little feeding roots that carries and distributes the life giving food onward branching out—but leading upward and displayed there in the Statue of Liberty Thus far and no farther, mother earth demonstrates; is voicing a protest through the mothers of America, that our ambitions must stop in certain lines, that we can be no longer tempted by the Eve of society that has led us to exert ourselves to our utmost to find that we are robbing the parent-tree and that this day there must be an awakening to duty, to home, to the tree of life. There can be but one aim to outstrip each other in doing our share to keep the tree flourishing. Mother is grieved and sore. We must make her happy and dispell the worried look. Nature the gardner, to trim and fertilize; the engineer to guide the water over the land; the farmer that knows how to systematically crop in rotation and prepare the ground; the carpenter to build; the preacher out on the branches waving and directing each one to happiness through the door of thec hurch. The little feeding roots out in good ground well nourished by the decaying branches of society and the dead leaves from the tree of life. A place for everyone and everyone in his place, working faithfully and diligently to keep this the leading country of the world. We must aim high even if we fall short. Like science, when we think we have reached the limit, something new develops and our castles in the air gets another lift like the controlling of gravity. Mother earth says slim pickings for a hungry man in the air and the necessities of life come first. Life comes from within out and lives on the earth and from out in Nature, the father is within call with the stick and it hurts.

BOOKS UNDER THE RECESSED WINDOW



A most convenient place for a few favorite books is this little nook under a recessed window. The easy chair and the good light for reading make a very inviting corner. The chair is covered with haircloth, a very durable new material, in any solid color, such as blue or taupe. The draperies are of a neutral grayish shade with checks embroidered in bright colors. A brilliantly colored half-round cushion is used in the window seat.

THRILLING AMUSEMENT

FOR YOUNG AND OLD

MONKEY SPEEDWAY

NEWPORT AVENUE, OCEAN BEACH

New and Novel Beach Attraction

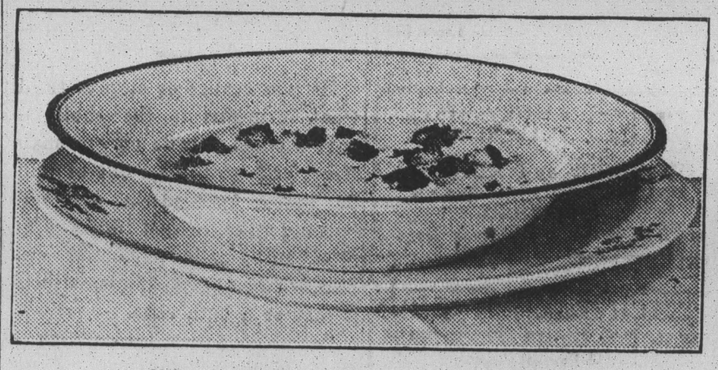
Don't Miss Seeing the Marvelous Monkeys Driving Their Own Autos 'Round the Big Track.

DANCE Every Saturday Night
Everybody Invited.
HARMON HALL
(Under New Management)
IMPERIAL BEACH
Lunches and Refreshments *Union Orchestra*

Silver Spray Plunge OPEN FROM 9 A.M. TO 10 P.M.
SPECIAL SWIMMING INSTRUCTOR
HOT SALT WATER TUB BATHS. OCEAN WALK

MERRY-GO-ROUND
FARE 5c—EVERYBODY
Free Picnic Pavilion with tables to seat 120 people; canvas curtain side next to ocean to keep off wind.
Free light and water to all picknickers.
Night parties should phone Point Loma 65-J to have tables reserved
O. F. DAVIS & SON, Proprietors

FOOD VALUE OF SOUPS WILL VARY WITH VARIOUS INGREDIENTS USED



Milk Soups Are Especially Good for Everybody.

There is something unusually appetizing about a good, steaming soup, whether served as the first course of a meal or as a whole meal in itself. The South has its gumbos, and Maine its chowders, fulfilling the same purpose. Ocean travelers expect pea soup as a part of ship routine; they look for barley broth in Scotland, pot-au-feu in France, minnestrone soup in Italy, bean or lentil soup near the Rhine. In every household the extra cooking and dishwashing involved in serving soup course is compensated for by the enjoyment of the family, the economy of using materials often wasted, and the reduction possible in the amount of food served for other courses.

Value of Soups Varies.

The food value of soups varies with the ingredients. The United States Department of Agriculture points out that the food value of a milk soup is higher than that of a water or clear soup. Milk soups are especially good for children at lunch time, for business people, and others who wish something warm, nutritious, but not too "hearty." Soups made with the water in which vegetables have been cooked contain substances which are too nutritious to be thrown away, though the amount of them is small. Soups made from meat stock contain meat extractives which are believed to stimulate digestion, but which do not wholly take the place of meat. Concentrated broths made for invalids from selected meat are more nutritious than ordinary stock, but not, as a rule, economical to serve at the family table. The soups served at dinner should be made from a different kind of meat from that in the main course. For example, chicken broth goes better with beef than with chicken cooked in some other way because the latter combination would overemphasize one flavor at a single meal. Meat stock may be a blend by cooking several different kinds of meat bones together in the soup pot.

Soups From Legumes.

Soups from dried legumes such as peas or beans contain a great deal of nourishing material and need but little additional meat to make them the main dish for a meal. Some of the Chinese and Italian soups which are meals in themselves are made substantial by considerable quantities of noodles or macaroni in some form as well as a little finely shredded or chopped meat and various vegetables, such as carrots, turnips, cabbage, or, in the case of Chinese cooking, various eastern vegetables. Frankfurters cut up in pea soup make a sufficiently substantial dish for a lunch, with crackers or bread. Fish chowders, clam or oyster stews, as a rule, contain so much nourishment that they constitute the main hearty dish for a family meal. Vegetable and other left-overs in too small quantities to warm up separately may often be combined to produce a good, "filling" soup, with slight expenditure for new materials. Such substantial soup is not so suitable for the first course of an otherwise hearty dinner as a clear one that proves chiefly an appetizing flavor along with warmth and extractives to stimulate digestion for what is to follow.

The practice of keeping a soup pot on hand to receive bones, and the water in which rice, potatoes, and other suitably flavored vegetables have been cooked, aids in making a little go a long way. The soup pot should be kept cold, however, except when actually cooking, and its contents should be sterilized by boiling at least once a day. Whenever possible, and especially in warm weather, it is wiser to use up all the soup on hand than to have some of it left over to spoil.

OCEAN BEACH
BAIT HOUSE
South End Mission Bay Bridge
JACK NEUMONT, Prop.
Fresh Bait of All Kinds
Fishing Tackle, Boats to Let
CIGARS, TOBACCO, SOFT DRINKS.

SUN, MOON AND TIDE

The time and height of high and low water, officially computed by the United States hydrographic office for San Diego herewith given, boldface type indicating P.M. and the date of the month appearing in the first column:

MAY ALMANAC

	Sun Rises	Sun Sets	Moon Rises	—Tides— High		Low	
			p.m.				
1	5:01	6:31	7:49	10:00	4.6	3:46	1.2
				9:38	6:4	3:27	0.8
2	5:00	6:32	8:56	10:52	4.3	4:35	1.2
				10:21	6.2	4:07	1.3
3	4:59	6:32	9:58	11:50	4.0	5:27	1.0
				11:06	5.8	4:50	1.7
4	4:58	6:33	10:53	12:55	3.7	6:23	0.7
				11:58	5.3	5:	2.1
5	4:57	6:34	11:43	------	---	7:27	0.3
				2:11	3.6	6:58	2.5
6	4:57	6:34	a.m.	1:00	4.7	8:38	0.0
				3:31	3.7	8:48	2.6
7	4:56	6:35	0:26	2:17	4.3	9:49	0.2
				4:40	4.0	10:32	2.4
8	4:55	6:36	1:06	3:41	4.0	10:49	0.4
				5:29	4.3	11:40	1.9
9	4:54	6:37	1:41	4:58	3.9	11:38	0.5
				6:06	4.6	-----	---
10	4:53	6:37	2:15	5:57	3.9	0:30	1.4
				6:37	4.9	12:17	0.6
11	4:52	6:38	2:47	6:46	4.0	1:10	1.0
				7:06	5.1	12:52	0.8
12	4:51	6:39	3:19	7:30	4.0	1:46	0.5
				7:32	5.3	1:22	1.0
13	4:51	6:40	3:51	8:10	4.0	2:18	0.2
				7:58	5.5	1:48	1.2
14	4:50	6:40	4:24	8:47	3.9	2:49	0.1
				8:24	5.6	2:13	1.3
15	4:49	6:41	5:00	9:23	3.8	3:18	0.3
				8:50	5.6	2:37	1.5
16	4:49	6:42	5:39	10:00	3.7	3:50	0.3
				9:17	5.7	3:01	1.7
17	4:48	6:42	6:22	10:39	3.6	4:20	0.4
				9:45	5.5	3:27	1.9
18	4:47	6:43	7:08	11:23	3.5	4:55	0.3
				10:17	5.4	3:57	2.1
19	4:47	6:44	7:58	12:15	3.3	5:35	0.2
				10:54	5.2	4:35	2.3
20	4:46	6:45	8:53	1:15	3.3	6:22	0.0
				11:42	4.9	5:23	2.5
21	4:45	6:46	9:50	------	---	7:17	0.1
				2:24	3.5	6:39	2.7
22	4:45	6:46	10:50	0:44	4.5	8:22	0.2
				3:33	3.8	8:31	2.7
23	4:44	6:47	11:52	2:10	4.2	9:30	0.3
24	4:44	6:47	12:56	3:42	4.1	10:30	0.4
				5:11	4.7	11:30	1.5
25	4:43	6:48	2:01	5:03	4.1	11:23	0.5
				5:52	5.3	-----	---
26	4:43	6:49	3:09	6:16	4.2	0:28	0.7
				6:33	5.9	12:10	0.6
27	4:43	4:17	7:14	7:14	4.3	1:18	0.1
				7:13	6.3	12:55	0.7
28	4:42	6:50	5:26	8:10	4.4	2:07	0.8
				7:54	6.6	1:38	0.9
29	4:41	5:51	6:34	9:03	4.4	2:54	1.2
				8:35	6.8	2:21	1.1
30	4:41	6:51	7:39	9:55	4.3	3:39	1.4
				9:17	6.7	3:06	1.4
31	4:41	6:52	8:39	10:48	4.2	4:27	1.3

New moon May 15 at 10:38 p. m.
Full moon May 30 at 5:07 a. m.

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POSTOFFICE SCHEDULE

(H. K. Rankin, Postmaster)

Mail arrives 10 a. m., departs 11 a. m.; arrives at 4 p. m., departs at 4:30 p. m. Mail closes fifteen minutes before departure. General delivery open 8 a. m. to 6 p. m., except on Sundays and legal holidays.

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FIRE! FIRE!! FIRE!!!

In the event of fire or any emergency requiring the services of the Ocean Beach Fire Department

Phone 622-44

calling the number slowly and distinctly, and above all things keep cool and don't get excited. The firemen are always on the alert and will readily respond to your call for assistance with the greatest alacrity, and their vigilance is only exceeded by their efficiency, diligence and fire-fighting ability. Trust them and your troubles will soon be over. Remember the fire call is 622-44.

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POLICE! POLICE!!

The Police Station is located on Abbott street, opposite the skating rink at the foot of Santa Monica avenue, and the phone number is

Point Loma 4.

Officer H. L. Reama is the patrolman for the Beach precinct. He lives at 4933 Voltaire street and his residence phone is

Point Loma 317-W.

It is not necessary to call the San Diego police department, as Officer Reama is always on the job and can be reached at any hour of the day or night by anyone needing the services of a policeman.

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Phone to us
Write to us
Call to see us.

Phone, Point Loma 17

THE BEACH NEWS

is your friend.

Let's get neighborly!

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